



NEW

Parent and Carer Workshops:

A series of 4 FREE online workshops delivered together with Rebecca from Eden Consultancy

Autism: The facts and other stuff!

Wed 16th March 10am

Communication and Social challenges

Wed 30th March 10am

Sensory processing: what is it and what can help?

Wed 13th April 10am


ASD & Behaviour, strategies for you and your child.

Wed 27th April 10am

**For more information or to book a place
call 0808 8020 400**



Eden



Autism: The facts and other stuff!

Wed 16th March 10am

Whilst Autism is a commonly recognised condition there are still many misconceptions surrounding it. During this session we will look at what Autism actually is, the main characteristics and conditions that commonly co-occur with Autism such as ADHD and anxiety.

**For more information or to book a place
call 0808 8020 400**



Eden



Communication and Social challenges

Wed 30th March 10am

One of the key characteristics of Autism is challenges in communication and social interaction. As Autism is a spectrum condition this can vary from; non-verbal communication to difficulty in managing social interaction and interacting in a world with a lot of unspoken social rules.

Throughout this session we will be discussing some of these challenges individuals with Autism can experience and providing strategies to help with these.

**For more information or to book a place
call 0808 8020 400**



Eden



Sensory processing; what is it and what can help?

Wed 13th April

Sensory processing is part of our day to day, but what happens for those who have difficulty processing the sensory experiences around them? Difficulties in sensory processing is one of the key characteristics of Autism and at times this can lead to distressing behaviour, difficulty in attention, challenges in self-regulation and more.

During this session we will be looking at what sensory processing is, how this affects individuals and how to support those who have difficulties with sensory processing.

**For more information or to book a place
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Eden



ASD & Behaviour, strategies for you and your child.

Wed 27th April

All behaviour is a form of communication. Our role as parents/carers is to establish what the function of behaviour is.

During this session we will be looking at different types of behaviour that we may see within Autism, why distressing behaviour occurs and strategies to help support you and your child through moments of challenging behaviour.



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